Your Human Blueprint

A PERSONAL HUMAN DESIGN REPORT



Understand your design.
Live in alignment. Be you.

yourhumanblueprint

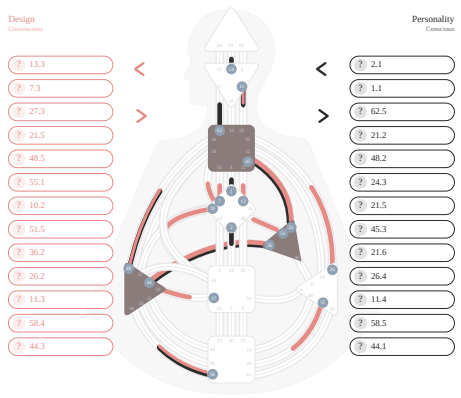
YOUR DESIGN. YOUR PATH. YOUR TRUTH.

YOUR HUMAN BLUEPRINT

Your personal Human Design Blueprint

A personal guide to your unique design.

YOUR BODYGRAPH



Jane

This report brings together the main mechanics of your chart in a clear, practical order. Use it as a guide for observation, not as a fixed description of who you are.

BIRTH PLACE
Dallas, TX, USA

BIRTH DATE
1987-05-04

TYPE
Manifestor

STRATEGY
To Inform

AUTHORITY
Splenic

PROFILE
1/3

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A short route through your personal report.

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Preview

Your Blueprint at a glance

These are the core elements of your chart. They offer a practical place to begin.

YOUR ESSENTIALS

TYPE

Manifestor

Within Human Design, being a Manifestor points to a natural ability to initiate and set things in motion. You may do best when you act from an inner spark, rather than waiting to build momentum through repetition. In daily life this can look like getting a clear impulse, taking the first step, and letting others catch up once you've started.

Based on your chart Type: Manifestor

STRATEGY

To Inform

"To Inform" means you can reduce friction by giving people a simple heads-up before you act. This isn't asking permission; it's letting others know what to expect so they're less likely to resist or misunderstand your direction. For example: "I'm going to change the plan for next week—here's what I'm doing and why."

Based on your chart Strategy: To Inform

AUTHORITY

Splenic

Splenic Authority is about an in-the-moment knowing—often quiet, fast, and body-based. You can explore whether your clearest decisions come as a subtle "yes/no" sensation, a quick sense of safety/unsafety, or a calm, immediate recognition of what's healthy for you right now. It tends to speak once, in the present.

Based on your chart Authority: Splenic

PROFILE

1/3

A 1/3 profile is a blend of researching for solid ground (Line 1) and learning through real-world trial and error (Line 3). You may feel best when you can investigate first, then test what's true by trying it—adjusting quickly based on what actually works rather than what "should" work.

Based on your chart Profile: 1/3

DEFINITION

Single Definition

Single Definition suggests your defined parts operate as one connected system. In practice, you may process things more internally and move from impulse to action without needing a lot of external input to "complete the circuit." Collaboration can still be valuable—this simply points to a self-contained way of integrating what you know and deciding your next move.

Based on your chart Definition: Single Definition

SIGNATURE

Peace

Peace is the Signature associated with being aligned as a Manifestor within Human Design. You can treat it like a dashboard light: when your choices and communication are working, life may feel more spacious, clean, and uncomplicated—even if you're busy.

Based on your chart Signature: Peace

Preview

NOT-SELF THEME

Anger

Anger is the common “friction signal” for Manifestors within Human Design. It may show up when you feel blocked, controlled, or misunderstood—or when you move without informing and meet surprise resistance. Rather than judging it, you can use anger as feedback to adjust your timing, boundaries, or communication.

Based on your chart Not-Self Theme: Anger

WHAT STANDS OUT IN YOUR BLUEPRINT?

Your voice can move things quickly when you give a heads-up first.

With a defined Throat and a Manifestor design, you may naturally catalyze action through what you say and how you initiate. The practical sweet spot is initiating and then informing early—so your words land as guidance rather than a surprise change that people push against.

Based on your chart Throat · Type: Manifestor · Strategy: To Inform

Your best decisions may be subtle, immediate, and body-led.

Splenic Authority can feel almost too simple: a quiet inner signal in the moment, not a long mental debate. You might notice that when you override that first bodily “knowing,” frustration builds later—while following it often creates a cleaner path forward.

Based on your chart Authority: Splenic · Spleen

Willpower is a real asset—best used in clear, chosen commitments.

With a defined Will / Ego, you may have a consistent relationship to motivation, promises, and personal standards. The experiment is to aim that will at agreements you truly choose (especially ones your spleen says are healthy now), rather than using willpower to force yourself through obligations that no longer fit.

Based on your chart Will / Ego · Authority: Splenic

Your mind may be flexible—so you don’t have to lock into one opinion.

An undefined Ajna often correlates with adaptable thinking: you may see multiple angles and change your mind as you learn. This can be a strength in conversations and strategy—especially if you give yourself permission to say, “I’m still exploring this,” instead of pressuring yourself to be certain.

Based on your chart Ajna · Profile: 1/3

Preview

An open Head can amplify mental pressure—so you can practice not answering every question.

With an open Head (no active gates), inspiration and questions may come strongly from your environment. You might feel bursts of urgency to figure everything out. A helpful boundary is choosing which questions are actually yours to solve today—and letting the rest pass through without becoming a to-do list.

Based on your chart Head · Strategy: To Inform

How to read your chart

Human Design uses a few terms to describe a chart. You do not need to memorise them. Use the ones that help you observe your own experience.

Center

A center is one of the nine areas in the BodyGraph. Within Human Design, it is used to organise different energy themes in a chart.

Defined

Within Human Design, a defined center is connected through one or more complete channels. It is described as a relatively consistent energy dynamic.

Undefined

An undefined center has no complete channel connection. It can still contain active gates and is described within Human Design as an area where you may notice variation and influence from your environment.

Open

An open center has no complete channel connection and no active gates. Within Human Design, it is described as an area where you may experience considerable variation from your environment.

Gate

A gate is a numbered point in the BodyGraph. An active gate forms part of the technical structure of your chart.

Channel

A channel connects two centers. When both gates that form a channel are active, Human Design describes this as a defined connection between those centers. Later in this report you can see which complete channels are present in your chart.

Personality / conscious

Within Human Design, Personality refers to the conscious calculation layer. In this report, it is shown as Conscious.

Design / unconscious

Within Human Design, Design refers to the unconscious calculation layer. In this report, it is shown as Unconscious.

WITHIN HUMAN DESIGN

You do not need to understand every term before you start experimenting with your Type, Strategy and Authority.

01



01

Your core mechanics

Your Type, Strategy and Authority are most useful when you apply them together.

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YOUR TYPE

Manifestor

Within Human Design, a Manifestor tends to be here to initiate. You may thrive when you trust your internal impulse, take the first step, and allow momentum to build because you moved—not because you waited for the perfect conditions.

Based on your chart Type: Manifestor

YOUR STRATEGY

To Inform

Informing is your social lubricant: a brief message to reduce resistance and protect your independence. It can be as simple as: “I’m starting this,” “I’m changing that,” or “Here’s what I’m doing next.”

Based on your chart Strategy: To Inform

YOUR AUTHORITY

Splenic

Splenic Authority emphasizes immediate, body-based knowing. You can explore whether your clearest “yes” feels like calm, ease, or an instinctive sense of right timing, and your clearest “no” feels like tightness, concern, or an instant sense that something isn’t good for you. Because it’s present-moment, it often helps to decide close to the moment of action rather than far in advance.

Based on your chart Authority: Splenic

How they work together for you

Your formula is: an inner impulse to initiate (Manifestor), a simple heads-up to reduce pushback (To Inform), and a fast, in-the-moment body signal for what’s healthy and correct right now (Splenic Authority). When those three are working together, you’re more likely to feel clean momentum and, over time, more peace than anger.

Based on your chart Type: Manifestor · Strategy: To Inform · Authority: Splenic · Signature: Peace · Not-Self Theme: Anger

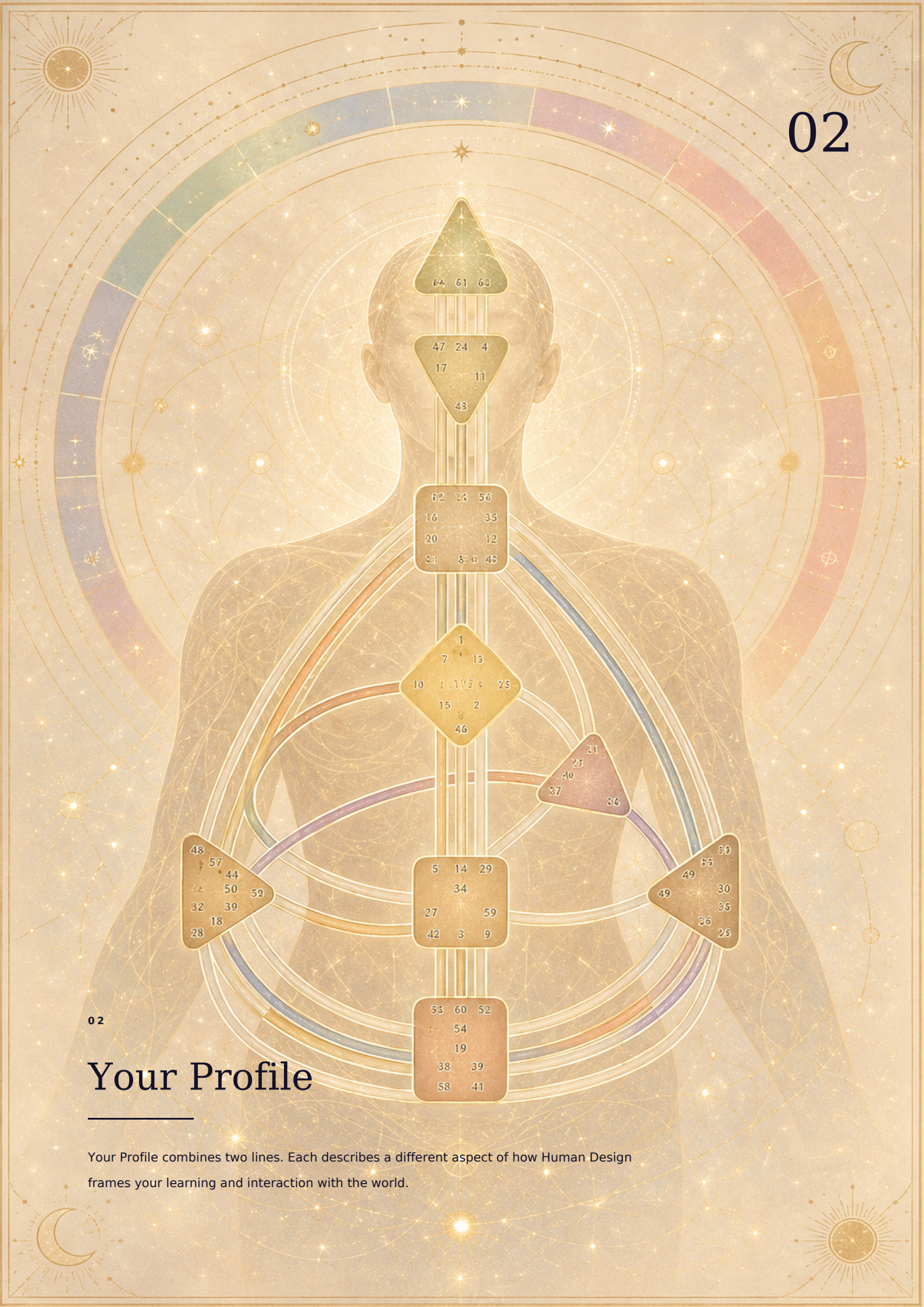
Try this today

Before you initiate something that affects other people, try informing in two sentences—then act.

- Name what you’re about to do (one sentence, concrete and time-bound).
- Name what others can expect from you (one sentence: impact, timing, or what you need).
- Notice your body right after you inform: does it feel clearer and calmer, or tighter and rushed?

Based on your chart Type: Manifestor · Strategy: To Inform · Authority: Splenic

Preview



02

Your Profile

Your Profile combines two lines. Each describes a different aspect of how Human Design frames your learning and interaction with the world.

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Profile: 1/3

LINE 1

A solid foundation built through research.

Line 1 is about getting grounded: asking questions, learning the basics, and building trust in what you know. In adult life, this can look like reading reviews before you buy, understanding the terms before you sign, or learning the “why” before you commit your energy. When you take time to investigate, you may feel steadier and less at the mercy of other people’s opinions.

Based on your chart Profile: 1/3

LINE 3

A practical learner who improves through trial and error.

Line 3 learns by testing reality. You may discover what’s correct by trying, adjusting, and trying again. This isn’t failure-prone—it’s adaptation-prone. In day-to-day terms, you might iterate on routines, relationships, or work systems until something actually works for you, not just in theory.

Based on your chart Profile: 1/3

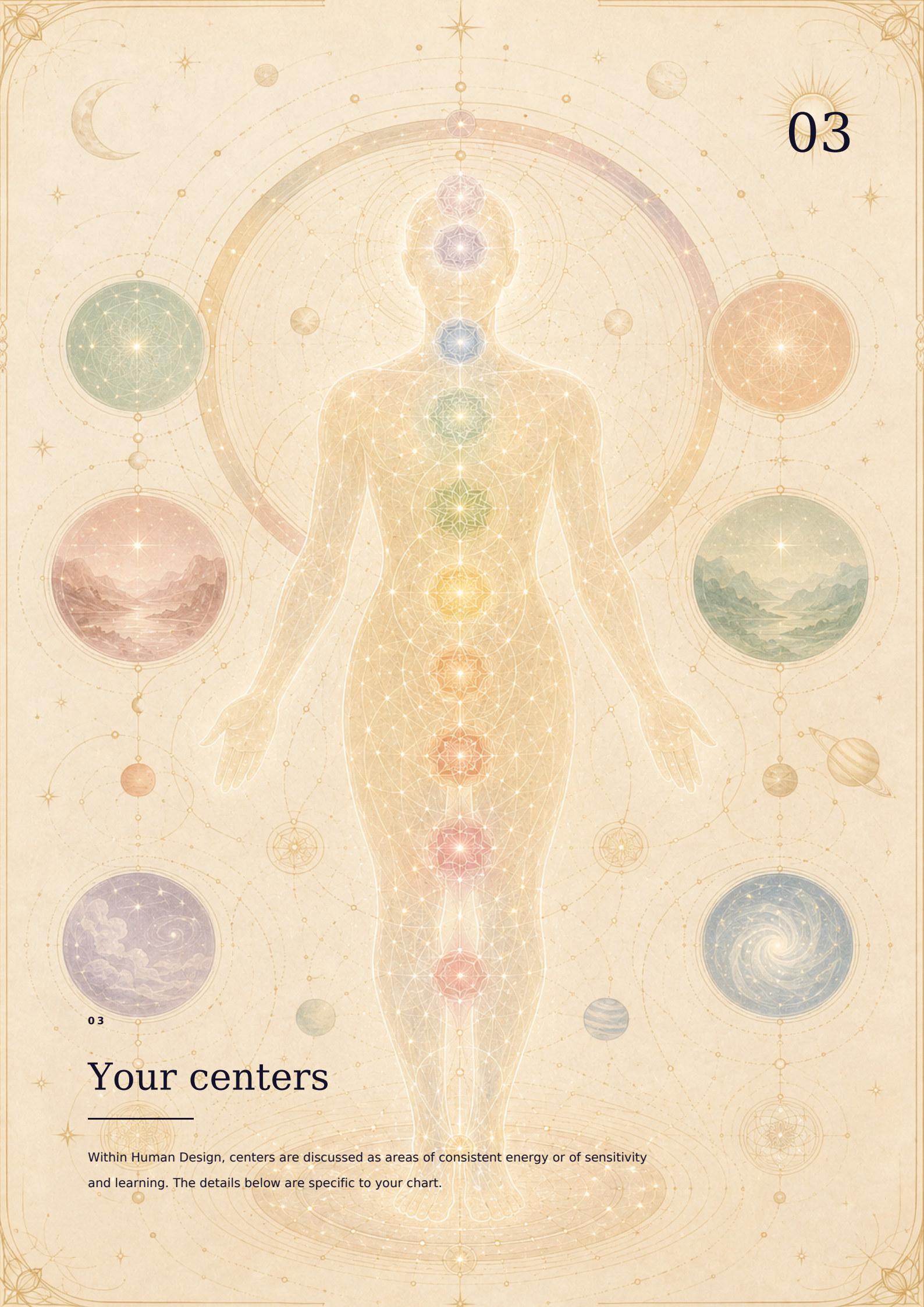
How your lines work together

As a 1/3, you can explore a rhythm of “research, then test.” You may feel most confident when you first gather enough information to start, then you let real-life feedback refine the plan. This pairs well with Splenic Authority: rather than forcing certainty, you can take the next right step based on what your body knows now—then update as you learn.

Your Profile describes a dynamic, but it does not replace your Strategy or Authority. When making choices, continue to rely on your Strategy (To Inform) and Authority (Splenic).

Based on your chart Profile: 1/3 · Authority: Splenic · Strategy: To Inform

Preview



03

Your centers

Within Human Design, centers are discussed as areas of consistent energy or of sensitivity and learning. The details below are specific to your chart.

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Within Human Design, centers are discussed as areas of consistent energy or of sensitivity and learning. The details below are specific to your chart.

DEFINED CENTERS

DEFINED

Throat

WHAT THIS CENTER REPRESENTS

The Throat relates to communication, expression, and how things get put into words and action.

WHAT WE SEE IN YOUR CHART

With a defined Throat, expression tends to be relatively consistent. You may notice you naturally influence a room through what you say, how you frame things, and when you speak up.

WHY IT MAY MATTER FOR YOU

A practical use of this is choosing clear, simple language—especially when you're initiating. For example: stating the decision, the next step, and the timeline can prevent others from filling in the blanks with assumptions.

WHAT TO WATCH FOR

If you speak when you're not clear, you may later feel stuck defending words that weren't truly aligned. Try pausing long enough to check your immediate body signal before making a statement that sets expectations.

Based on your chart Throat

DEFINED

Will / Ego

WHAT THIS CENTER REPRESENTS

The Will / Ego center is tied to willpower, motivation, values, and what you're willing to commit to.

WHAT WE SEE IN YOUR CHART

With a defined Will / Ego, you may experience a steadier access to drive and determination. Promises and agreements can matter a lot to you—either because you take them seriously or because you expect clarity around them.

WHY IT MAY MATTER FOR YOU

This can be a powerful tool when you use it selectively. You might do best with clear commitments like: "I can do X by Friday," rather than vague ones like: "I'll try." In negotiations or boundaries, it may help to state what you will do, what you won't, and what the tradeoffs are.

WHAT TO WATCH FOR

Overcommitting can turn willpower into pressure. If you notice yourself proving worth through effort, consider whether you're making commitments to maintain an image rather than because it's truly correct for you now.

Based on your chart Will / Ego

Preview

DEFINED

Spleen

WHAT THIS CENTER REPRESENTS

The Spleen relates to instincts, intuition, health, and subtle physical awareness in the present moment.

WHAT WE SEE IN YOUR CHART

With a defined Spleen, you may have relatively consistent access to instinctive signals—often quick and quiet. You might notice your body registering people, places, and opportunities as “safe/unsafe” or “good for me/not good for me” faster than your mind can explain.

WHY IT MAY MATTER FOR YOU

In practice, this can look like knowing which meeting you should attend (and which you shouldn’t), sensing when a commitment is too much, or recognizing early when something is off in an interaction. Treat these signals as data you can respect—even if you can’t justify them logically.

WHAT TO WATCH FOR

Splenic signals can be easy to override with mental pressure or other people’s emotions. Notice when you’re talking yourself out of what you felt immediately. And keep the hierarchy clear: Splenic Authority remains the lead for decisions; other inputs are supportive information, not co-decision-makers.

Based on your chart Spleen · Authority: Splenic

UNDEFINED CENTERS

This center is not defined, but it does contain one or more active gates. Within Human Design, this is seen as an area where energy may be less consistent and outside influence can be more noticeable.

UNDEFINED

Ajna

WHAT THIS CENTER REPRESENTS

The Ajna is about concepts, beliefs, perspectives, and how you form opinions.

WHAT WE SEE IN YOUR CHART

With an undefined Ajna, your thinking may be flexible and context-sensitive. You may sample perspectives and refine your view over time rather than sticking to one fixed opinion.

WHY IT MAY MATTER FOR YOU

This can make you a good collaborator and problem-solver: you can hold multiple possibilities without panicking. In conversations, it may help to use language like “Here’s my current view” or “What I think so far,” which gives you room to evolve.

WHAT TO WATCH FOR

You might feel pressure to sound certain, especially around decisive people. If you notice yourself forcing a conclusion just to feel secure, try returning to what you actually know right now—and letting the rest be open-ended.

Based on your chart Ajna

Preview

More pages in your personal blueprint